

The use of Activon® Tulle on a venous ulcer

Georgina Preston - Tissue Viability Nurse, Northamptonshire PCT

Mr A was a 44 year old man with a venous ulcer to his right shin area. The original trauma wound occurred from his motorcycle pedal.

After several weeks of limited progress with a foam dressing, short stretch bandages were added into his treatment.

Four weeks on, the wound remained static, the wound bed was friable, painful and over granulating. The wound measured 2cm x 1.5cm and was 0.5cm deep.

Activon® Tulle dressing was applied to the wound bed and the foam dressing and short stretch bandages continued. The dressing changes remained once weekly.

After one week of Activon® Tulle, the wound pain had disappeared and the wound reduced in size. After 2 weeks, the wound had virtually healed and the Activon® Tulle discontinued. A simple non-adherent dressing was then used to protect the wound under the compression bandages.

After a further 2 weeks, Mr A was discharged from the Leg Ulcer Clinic with the use of compression hosiery. The patient and the nursing team were impressed by the speed of healing of the over granulating tissue. Mr A felt the most significant benefit was the complete reduction in wound pain over the period of one week.

